

## INTERNATIONAL GYMNASTICS TRAINING CENTER



**WEEK 1 DEC 21<sup>st</sup> TO DEC 23<sup>rd</sup>, 2020**

**WEEK 2 DEC 28<sup>th</sup> TO DEC 30<sup>th</sup>, 2020**

### **CAMP HOURS:**

9:00AM TO 4:00PM

### **COST:**

FULL DAY → \$50.00 PER DAY

(9:00AM-4:00PM) \$130.00 PER WEEK (MON.TO WED.)

HALF DAY → \$40.00 PER DAY

(9:00AM-1:00PM) \$100.00 PER WEEK (MON.TO WED.)

### **ACTIVITIES:**

*Warm up ,Vault, Obstacle Courses, Gymnastics Shows  
Conditioning, Floor, Tumble Track, Games/ Contest  
Beam Tumbling Field Trips (Optional/Extra), Bars, Dance  
And much more....*

## **LUNCH AND SNACKS:**

**NEED TO BRING LUNCH.** CAMPERS NEED SNACKS FOR BREAK TIME (2). SODA MACHINE IS AVAILABLE.

### **PAYMENT:**

**PAYMENT IS DUE IN ADVANCE FOR WEEKLY CAMP OR ON THE SPECIFIC DAY, AT TIME OF DROP-OFF.**

**OUR CAMP DAY CONSISTS OF STRUCTURED GYMNASTICS TIME, MOVIE OR CRAFT TIME, AND GAMES. WE STRIVE TO PROVIDE THE KIDS WITH A POSITIVE GYMNASTICS LEARNING EXPERIENCE, PHYSICAL FITNESS, AND A LOT OF FUN!!!**

